

7th/8th grade Volleyball Policies

Home team provides warm-up and game volleyballs, scoreboards and one official on each court.

7th & 8th grade teams divided by ability: A, B, C, D teams etc.

- Schools need to have either two or four teams, no odd number of teams.
- A teams will play against A, B teams will play B etc.
- If 1 school has 2 teams, and the other school has 4 teams, A will play full, individual matches against the A team and the B team, while the B team will play full, individual matches against the C team and the D team.
- Two courts with back-to-back matches will be played, one official per court. (1 MATCH = best of 3, with 2 sets to 25 pts and a 3rd set to 15 pts, if needed)
- If both schools only have two teams, continue play into a 2nd match, but do not need to start a new game past 5:15pm (South Division) or 5:45pm (North Division). Both divisions need to be done no later than 6:00pm.
- Mon & Tues : one court B plays first, followed by A – on the other court C plays first, followed by D
- Wed-Fri: one court A plays first, followed by B- on the other court D plays first, followed by C
- The expectation is teams will play until at least 5:15pm (South Division) and until 5:45pm (North Division).

Follow MSHSL rules. No restrictions on offense or defensive schemes.

Middle School League-specific policies:

- Timeouts are limited to 2 PER MATCH.
- A team rotates if it scores 5 straight points, but keeps serve.
- 7th grade levels may step into the court to serve (up to about 5'-6') - tape or designate a line if possible.
- Substitutes - player may only re-enter into position they came out from. This sub occurs in front of the 10' line.
- 7th or 8th C/D levels may use rotation style substitutions if appropriate for team.
- There is to be **no jewelry** worn during games. No taping over earrings, as they must be taken out. **Participant will NOT be allowed to play if they refuse to remove jewelry.**
- Coaches, players, or parent can keep scorebook (optional).
- A "let" serve should be treated as a serve in play. If a ball hits the net on a serve and goes over, it is in play.

LIBERO (optional):

Allowed.

Exchange happens between 10' and end line from the sideline.

May serve in one position.

Player wears a different color jersey (or use a pinnie).

May only have one libero per set.

Updated on: 10/1/19