

FEBRUARY 2020

White Bear Area Senior Center 2484 East County Road F, White Bear Lake 651-653-3121



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
9:30 Aerobics -Dance Center	9:30 Yoga at Dance Center	9:30 Aerobics -Dance Center	9:30 Aerobics -Dance Center	9:30 Aerobics -Dance Center
	8:30 AARP Smart Driver Class	9:00 Woodcarving	10:00 Yarn B's	9:30-3:00 Foot Care
10:00 Ukulele Bears	9:00 Medicare Counseling	9:00 Adult Coloring 10:30 News & Views	11:30 at White Bear Lake Library Medications and You	10:00 Duplicate Bridge
12:00 Mah Jongg		12:00 Pinochle	12:00 Mah Jongg	
12:30 Cribbage	12:30 500 Cards	12:00 Contract Bridge	12:30 Cribbage	1:00 In Stitches
12:30 Duplicate Bridge		1:00 Friends Who Care meet at TGIF	1:30 Dominoes	
10	11	12	13	14
9:30 Aerobics -Dance Center	9:30 Yoga at Dance Center	9:30 Aerobics -Dance Center	9:30 Aerobics -Dance Center	9:30 Aerobics -Dance Center
9:30 Ukulele Beginners	9:30-3:00 Foot Care	9:00 Woodcarving	10:00 Yarn B's	9:30-3:00 Foot Care
10:00 Ukulele Bears	10:00 Senior Craft Class	9:00 Adult Coloring	11:30 TED Talks, WBL Library	10:00 Duplicate Bridge
	Lavender Flowers	10:30 News & Views	Feeling depressed & anxious	
12:00 Mah Jongg		12:00 Pinochle	12:00 Mah Jongg	
12:30 Cribbage	12:30 500 Cards	12:00 Contract Bridge	12:30 Cribbage	
12:30 Duplicate Bridge		1:00 Friends Who Care	12:30 AARP Smart Driver Class	1:00 In Stitches
	5:00pm AARP Smart Driver	at Senior Center		Happy Valentine's Day!
17	18	19	20	21
NO Aerobics	9:30 Yoga at Dance Center	9:30 Aerobics -Dance Center	9:30 Aerobics -Dance Center	9:30 Aerobics -Dance Center
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		9:00 Woodcarving	10:00 Yarn B's	9:30-3:00 Foot Care
Meals on Wheels and	9:00 Medicare Counseling	9:00 Woodcarving 9:00 Adult Coloring		
Meals on Wheels and Senior Center		9:00 Woodcarving 9:00 Adult Coloring 10:30 News & Views		
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Meals on Wheels and Senior Center CLOSED CLOSED PRESIDENTS OF NY PRESIDENTS Day	9:00 Medicare Counseling 12:30 500 Cards 12:30 AARP Smart Driver Class	9:00 Woodcarving 9:00 Adult Coloring 10:30 News & Views 9:00-11 Computer Help 12:00 Pinochle 12:00 Contract Bridge 12:30 AARP Smart Driver Class 1:00 Friends Who Care meet at Rudy's Redeye	10:00 Yarn B's 12:00 Mah Jongg 12:30 Cribbage 1:30 Dominoes	10:00 Duplicate Bridge 1:00 In Stitches
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AARP Tax Aide Service - FREE

Mon, Tues, Thurs from 9:00 - Noon
Dates: Feb 3 - April 15 First Come-First Served
South Shore Trinity Lutheran Church, White Bear Lake



Dance For Life Wellness Program

Mon & Wed / Feb 3 - April 15 Lessons 1:00-1:50 / Open Dance 2:00-2:30 at Hanifl Performing Arts Center, White Bear Lake (see Page 4 for more details)